



# Exploring Strategies to Prevent Hypoglycemia in Hospitalized Patients

October 28, 12:00 - 1:00 PM (CDT)

**Register**

[https://us06web.zoom.us/join/register/WN\\_sYOENx5RsO4KDu2D-6sZg](https://us06web.zoom.us/join/register/WN_sYOENx5RsO4KDu2D-6sZg) (Link)



Dr. Steve Tremain

## Overview

Hypoglycemia is common among inpatient diabetics, occurring in 3-10% of patients receiving insulin. A common misconception is that hypoglycemia in inpatients is relatively innocuous and that it is similar in severity and risk to that of outpatients. Often little is done other than to treat the episode; prevention of the next event is often not considered. This webinar will discuss the top causes of inpatient hypoglycemia and offer strategies to prevent their occurrence. In addition, a tool will be offered to aid hospitals in determining which processes most commonly lead to hypoglycemia in patients. Tips and tricks will be provided to small hospitals with low case numbers that are having difficulty finding the data.

## Objectives

- Explain why hypoglycemia in inpatients is dangerous and can lead to catastrophic results
- Identify ways to easily and simply “find the data” if average daily census is small
- List the common process errors that lead to hypoglycemia
- Identify which process failures are most common in their hospital

## Target Audience

Physicians, pharmacists, quality leaders and nurses.

## Speaker Biography

Steve Tremain, MD, is a Physician Improvement Advisor with Cynosure Health. Board certified for 35 years in Family Medicine and now retired from active clinical practice, Dr. Tremain worked as a hospital-based clinician and teacher and served as Chief Medical Officer for a large integrated public system for more than 20 years. He was the executive sponsor for improvement teams that were awarded mentor status by the Institute for Healthcare Improvement in the areas of medication reconciliation, rapid response teams and ventilator associated pneumonia.

Currently Dr. Tremain works as a national and international Improvement Advisor and serves as the national clinical lead for the Convergence/Cynosure HQIC efforts to reduce hospital-based harm due to adverse drug events (ADEs). Previously, he helped lead AHA/HRET's efforts to reduce ADEs from 2012-2019. In addition, he teaches and consults regarding the culture of safety, process reliability, leadership and physician engagement throughout the United States and Canada.

Dr. Tremain is a Certified Physician Executive and a Fellow of the American College of Physician Executives. He received his medical degree from the UCLA School of Medicine.



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