

Implementation of Fall TIPS Resulting in a Reduction of Falls

Background

Safety is of critical importance to leadership at Wamego Health Center. Ensuring our patients are safe in our care is our number one priority. Fostering a culture of safety starts with leadership. By ensuring that patients do not encounter falls that result in injury means that we are reducing their risk of harm while also reducing mortality rates and prolonged hospital stays.

- The goal of Wamego Health Center's quality project was to eliminate falls with injury during a 12-month period through the implementation of a patient-centered approach at fall reduction.

Changes Tested

Implementing the Fall TIPS Bundle

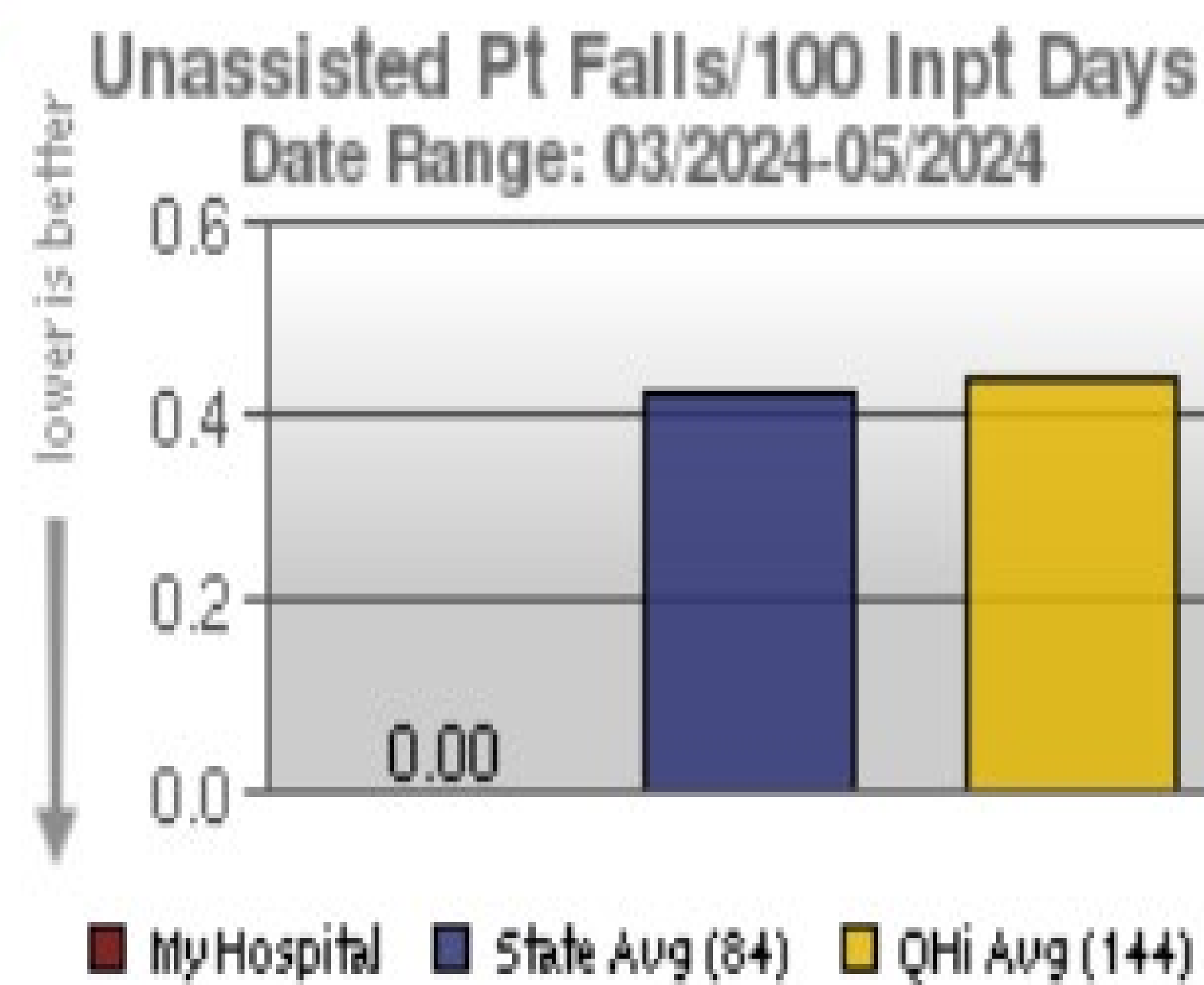
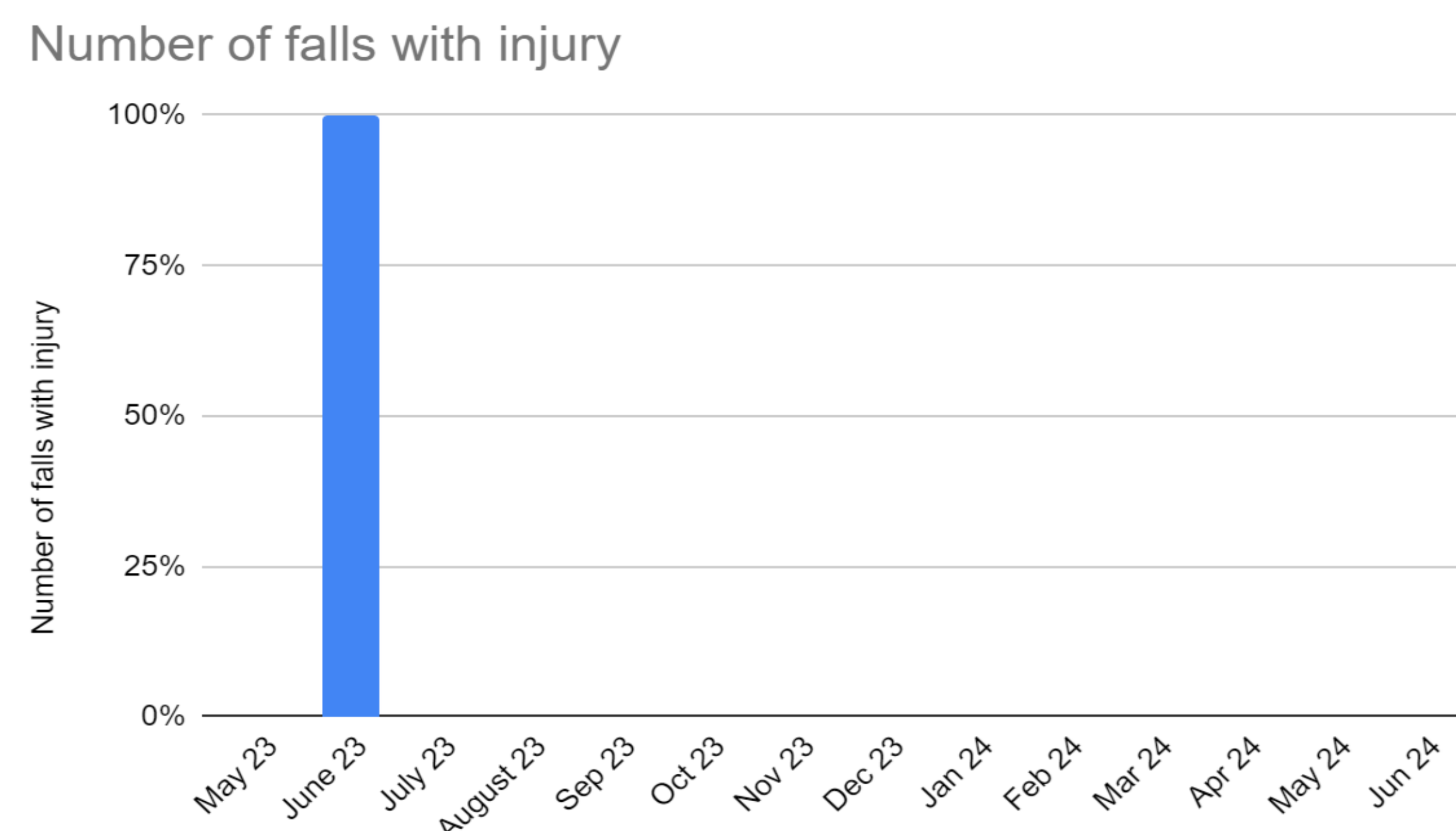
- A communication tool utilized to engage patients and their families in fall safety.
- Combining the use of this tool and fall risk scoring so that fall risk scoring alone is not the only prevention method.
- Individualized fall prevention interventions resulting in increased fall safety compliance and overall satisfaction due to increased patient education and engagement.
- Standardizes the way we identify patients at risk and their personalized interventions



Results

We tracked reduction of all falls (with or without injury).

- ZERO patient falls with harm. This is a reduction from 1 fall with harm in the year prior.
- Reduction of all falls (with or without injury) resulting in two quarters with no falls



Patient Name:		Date:	
<input type="checkbox"/> Increased Risk of Harm if You Fall	<input type="checkbox"/> Fall Interventions (Circle selection based on color)		
<input type="checkbox"/> Fall Risks (Check all that apply)	<input type="checkbox"/> Communicate Recent Fall and/or Risk of Harm	Walking Aids	
<input type="checkbox"/> History of Falls	<input type="checkbox"/> Crutches Cane Walker	Toileting Schedule: Every _____ hours	
<input type="checkbox"/> Medication Side Effects	<input type="checkbox"/> IV Assistance When Walking	Bed Pan Assist to Commode Assist to Bathroom	
<input type="checkbox"/> Walking Aid	<input type="checkbox"/> Bed Alarm On	Assistance Out of Bed	
<input type="checkbox"/> IV Pole or Equipment	<input type="checkbox"/> May Forget or Choose Not to Call	Bed Rest 1 person 2 people	

Lessons Learned

We are extremely pleased to have achieved our goal of ZERO Falls with injury. The Fall TIPS implementation required multiple steps and an organized go-live timeline to ensure that all staff were educated on the topic and able to clarify any questions that would arise.

Next Steps

We will continue to perform monthly fall TIPS completion audits and implement continuing education to ensure that staff remain competent and highly aware of Wamego Health Center's goals and expectations related to patient safety and fall prevention. Any falls are reviewed in a root cause analysis format at a weekly fall prevention meeting with our health system. This allows us to review any potential areas for improvement and gaps in our current care processes.

Team Members

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