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KHC Office Hours
**Population Health Strategies for
Cardiovascular and Kidney Disease
Risk Reduction**
April 23, 2025

Elizabeth Montgomery, National Kidney Foundation
Michelle Falgoust, National Kidney Foundation
Tiffany Scheffler, National Kidney Foundation

The slide features three logos at the bottom: the Kansas Medical Society logo on the left, the KHC Collaborative logo in the center, and the Kansas Hospital Association logo on the right. The KHC logo is the same as the one in slide 1.

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DISCLAIMER

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The KHC Collaborative logo is located in the bottom left corner of the slide.

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Today's Webinar Agenda

- Welcome – 5 mins
- Content Presentation 45 mins
- Q&A 5 Mins
- Closing Comments 2 mins

AGENDA

KHC
 Kansas Healthcare Collaborative

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Population Health Strategies for Cardiovascular and Kidney Disease Risk Reduction

Elizabeth Montgomery
 National Vice President, Clinical Practice
 Innovation and Population Health

Tiffany Scheffler
 Executive Director, NKF Serving Kansas, Missouri,
 and Arkansas

Mallory Caron
 Senior Population Health Partnership Manager

NATIONAL KIDNEY FOUNDATION

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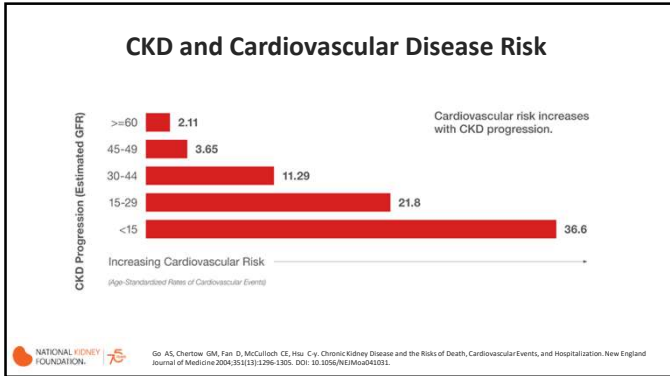
Chronic Kidney Disease

- Affects 15% of adult population
 - 35.5 million Americans
- Represents 15% of Medicare population but represents 25% of the spend
- 90% remain undetected in primary care
 - Including almost 40% of people in ESRD
- 80% of undiagnosed patients already have diagnostic information in their medical record

CKD Prevalence, Diagnosis, & CVD Risk

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Longstanding Health Disparities Exist in Kidney Disease

Black Americans make up 13% of the US population but represent 33% of end-stage kidney disease population.

- Black Americans are 3.4 times more likely to develop ESKD,
- Native Americans are 1.9 times more likely to develop ESKD,
- Hispanic Americans are 1.5 times more likely to develop ESKD,
- Asian Americans are 1.3 times more likely to develop ESKD

(compared to White Americans)

Social determinants of health are significant contributors to the development and progression of chronic kidney disease. Poverty, food insecurity, low academic achievement, etc., all significantly elevate risk for CKD.

NATIONAL KIDNEY FOUNDATION |

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Two Guideline-Recommended Tests

Serum creatinine with eGFR

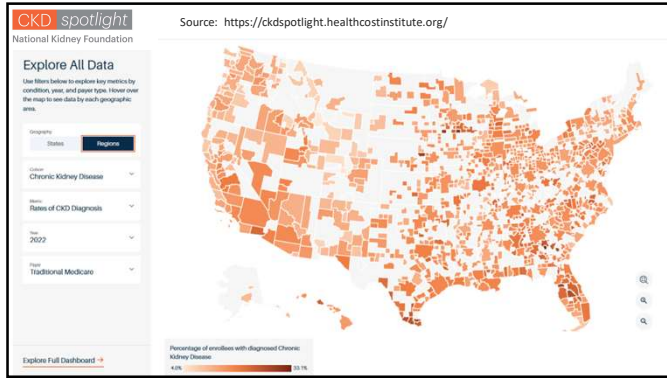
- 89.6% of patients had eGFR in lab system
- 98.4% of orders from basic or comprehensive metabolic panels
- <0.1% were direct orders

Urine albumin-creatinine ratio

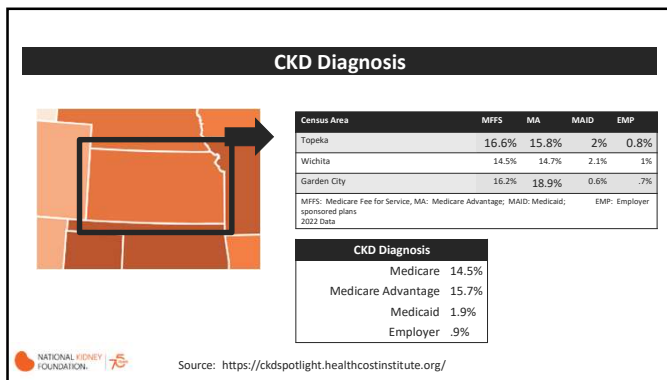
- 21.0% of patients had uACR in lab system
- 98.6% were direct orders

NATIONAL KIDNEY FOUNDATION | Allegra, D., Ennis, L., Gillespie, B., Lewis, M. J., Montgomery, E., Ferre, S., Vassalotti, J., Lefkowitz, S. (2022). Chronic kidney disease testing amongst-risk adults in the U.S.: remains low. Real-world evidence from a national laboratory database. Diabetes Care.

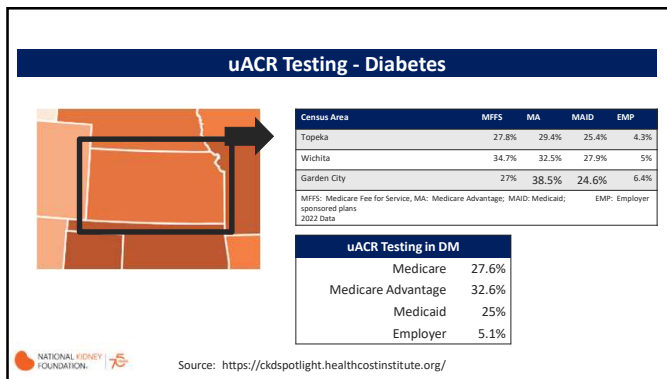
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Patient Tools/Resources
(NKF will license materials free-of-charge for organizations partnering with us)

[ARE YOU AT INCREASED RISK FOR CHRONIC KIDNEY DISEASE?](#)

[Heat Map Videos](#)

[Albuminuria \(Protein in the Urine\)](#)

[About Your Kidney Health](#)

[7 Ways to Help Manage Chronic](#)

[Staying Fit with Kidney](#)

*The National Kidney Foundation has a Population Health team dedicated to helping organizations with these projects. Ask us! We're here to help! Malley.caron@kidney.org

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Upcoming Activities in Kansas

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Local Office Programming

Renal Roundtable
Professional education and networking dinner event
Open to: nephrologists, advanced practitioners, hospital physicians, primary care physicians, cardiologists, and anyone who cares for patients with CKD

Upcoming:


- September 23 | Kansas City | Cardio Kidney Metabolic Syndrome
- October 8 | Kansas City | Rare Kidney Disease Panel Discussion
- October 28 | Wichita | topic TBD

Patient Empowerment
Free, virtual, educational program for patients and their care partners

Upcoming:
September 8- Big Ask Big Give: Finding a Living Donor

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Pediatric Focus

Every kid deserves the chance to thrive.

Camp ChiMer


- Open to children 9-18 with End Stage Kidney Disease or post transplant
- 100% free to campers
- Campers from all across the country
- Started by local pediatric nephrologist, Dr. Brad Warady in 1986

August 1-3, 2025
Kansas City, MO



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Join Us

Great Plates
Annual gala to raise awareness and funds for kidney disease and recognition of two incredible kidney advocates

2025 Honorees
Dr. Brad Warady, pediatric nephrologist at Children's Mercy
Virginia Clune, Founder of our local chapter

May 8, 2025
The Oliver Building (West Bottoms in KC) | 5:30-9:00 PM



Kidney Walk
NKF keystone patient centered event held across the country each year raising funds to support the work of the NKF

October 12, 2025 Kansas City | KC Live!
October 19, 2025 Wichita | Chicken N Pickle

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NKF in the Community

Regularly participate in community health fairs and advocacy events to increase awareness and advancement of kidney disease treatment and prevention



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Questions, comments, interested in collaborating with us?

Elizabeth Montgomery
National Vice President, Clinical Practice Innovation and Population Health
Elizabeth.Montgomery@kidney.org

Tiffany Scheffler
Executive Director, NKD Serving Kansas, Missouri, and Arkansas
Tiffany.Scheffler@kidney.org


Mallory Caron
Senior Population Health Partnership Manager
Mallory.Caron@kidney.org



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Upcoming Education and Important Dates

- [4/25 KHA Grants at a Glance](#)
- [4/30 NARHC Office Hours](#)
- [5/1 Noon Briefing – Self-funded Plans Simplified](#)
- [5/6 Quality Corner Call](#)
- 5/20 KHC CAP Lunch and Learn – RHC Compliance – Are you survey ready?
- [5/20 Critical Marketing – KHSC Introductory Webinar](#)
- 7/15 KHC CAP Lunch and Learn – RHC Billing Basics
- [KHC Summit on Quality – August 7th](#)



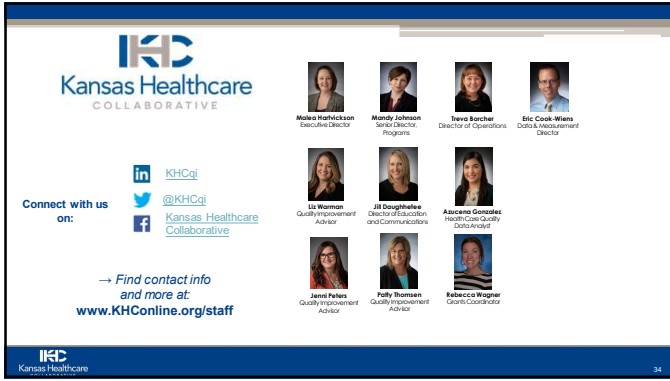
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Questions?



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KHC Office Hours - Population Health Strategies for Cardiovascular and Kidney Disease Risk Reduction



The slide features the KHC logo and the text "Kansas Healthcare COLLABORATIVE". It includes social media icons for LinkedIn, Twitter, and Facebook, with the text "Connect with us on:" and "Find contact info and more at: www.KHOnline.org/staff". A grid of 12 staff members is displayed, each with a small portrait and their name and title:

- Melisa Hoffmann, Executive Director
- Mandy Johnson, Senior Director, Programs
- Trevor Bocher, Director of Operations
- Eric Cook-Wiens, Data & Measurement Director
- Liz Worman, Quality Improvement Advisor
- Jill Dougherty, Director of Education and Communications
- Aspirina Gonzalez, Health Care Quality Data Analyst
- Jenni Feltes, Quality Improvement Advisor
- Polly Romase, Quality Improvement Advisor
- Rebecca Wagner, Grants Coordinator

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The slide features the KHC logo and the text "Kansas Healthcare COLLABORATIVE" and "Incremental change, exponential impact." The background image shows a group of people in blue shirts with their hands stacked in a circle, symbolizing teamwork.

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