All Healthcare Professionals can *Be Antibiotics Aware*

Department of Health and Environment

Division of Public Health





Kellie Wark, MD, MPH | November 17, 2022

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- 1. Complete sign-in sheet located at the back of today's handouts and return to jdaughhette@khconline.org
- 2. Participate in all polling questions
- 3. Complete the evaluation at the end of the presentation

Presenters



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Objectives

- 1. Review the background of antibiotic resistance trends in Kansas.
- 2. Describe how antibiotic use contributes to antibiotic resistance.
- 3. Examine ways clinicians can improve antibiotic use with special emphasis on outpatient setting.
- 4. Provide resources and tools to improve antibiotic use.

November 18-24, 2022 Globally = World Antimicrobial Awareness Week Nationally = US Antibiotic Awareness Week

KS = Use Antibiotics Wisely Week

4th Gubernatorial Proclamation



Why Focus on Antibiotics?

Antibiotic use contributes to:

- Antibiotic resistance (AR): use it AND lose it?
 - In as quickly as 4 days, 3x increase resistance pneumococcus in throat swabs while on macrolide vs. control
 - AR = increased costs (MDROs vs. susceptible prolong hospitalizations 24% & costs 29%)
- Adverse events (#1 med-related ED visit)
- Collateral damage (e.g., *C.diff*)

Pennsylvania HealthCare Cost Containment Council. Jan 2010 http://phc4.org/reports/hai/10/docs/hai2010report.pdf Maudlin et al. Antimicrobial Agents and Chemotherapy. 2010; 54(109-15 Roberts et al. Clinical Infectious Diseases. 2009;49:1175-84. Malhotra-Kumar S, et al Lancet 2007;369(9560):482-90. Changes in macrolide-resistant S.pneumoniae while on macrolides compared to placebo (no abx)



The Toll of Antimicrobial Resistance

AR annually contributes to:

- Deaths
 - 35,000 (U.S.)
 - 700,000 (Global)
- Infections (MDROs)
 - 2.8 million (U.S.)
 - 10 million (Global)
- Costs
 - \$55 billion added costs (U.S.)
 - \$100 trillion (Global)

Equivalent to a 2008 financial crisis <u>every</u> year

Deaths from Antibiotic Resistant Infections Set to Skyrocket Deaths from Resistant Infections & Other Causes in 2050



Worldbank; Smith R, Coast J., The true cost of antimicrobial resistance. BMJ 2013(346) O'neill J. Tackling drug-resistant infections globally - AMR review. 2016; https://amrreview.org/sites/default/files/160518_Final%20paper_with%20cover.pdf CDC Threats Report 2019; https://cdc.gov/drugresistance/pdf/threats-report/2019-ar-threats-report-508.pdf.

Question 1

True or False? The most common infection which is treated with antibiotics in the outpatient setting are viral upper respiratory infections

A. True

B. False

Where Are Antibiotics Prescribed?

Outpatient

- 47 million unnecessary antibiotics/year
 - 30-40% abx unnecessary
 - 613 abx Rx'd / 1000 pop
- 60% of all abx expenditures!
- Acute Respiratory Infections (ARIs) are most common conditions associated with abx – despite most being viral

Talkington K. et al. Pew Charitable Trusts, May 2016 Parente D., et al. Antimicrob Resist Infect Control. 2017:(6):33. Havers, et al. JAMA Netw Open 2018; 1(2):e180243. Suda K., et al Antimicrob Chemother. 2013;68(3) https://arpsp.cdc.gov/profile/antibiotic-use/all-classes



Outpatient Antibiotic Prescriptions by Diagnosis

Analysis of NAMCS & NHAMCS data on US antibiotic Prescribing, 2010-2011



Acute respiratory conditions

Talkington K. et al. Pew Charitable Trusts, May 2016



Outpatient Antibiotic for ARIs

Sinus infections

6 million unnecessary prescriptions each year

Middle ear infections 2.5 million unnecessary prescriptions each year

Havers, et al. JAMA Netw Open 2018; 1(2):e180243.

Viral upper respiratory infections, e.g., the "common cold" 8 million unnecessary prescriptions each year

ARIs in 126 clinics:

- 41% unnecessary
- 56% broad spectrum (e.g., augmentin, levofloxacin, azithromycin)
- 29% dx flu Rx'd abx

Percent of Potentially Inappropriate Prescribed Antibiotics for ARI among Kansas Prescribers

Medicare & Medicaid Claims Data, 2017-18





True or False? Kansas is one of the **top (best)** states with optimal antibiotic prescribing in the outpatient setting?

A. True

B. False

Current State(s): Outpatient Antibiotic Prescribing (2020)



https://arpsp.cdc.gov/profile/antibiotic-use/all-classes



https://arpsp.cdc.gov/profile/antibiotic-use/all-classes

Current State(s): Outpatient Antibiotic Prescribing (2020)





What is the most **rapidly** spreading multi-drug resistant organism (MDRO) in Kansas?

A. Carbapenem resistant Acinetobacter baumannii (CRAB)

- B. Methicillin resistant *Staphylococcus aureus* (MRSA)
- C. Streptococcus pneumoniae
- D. Neisseria gonorrhea

Carbapenemase-producing organism (CPO) Case Counts

Clinical cases of carbapenemase-producing CRE, CRAB, and CRPA reported to KDHE from January 2014 - June 2022



To protect and improve the health and environment of all Kansans

Regional Antibiotic Trends

Carbapenemase-producing Organism (CPO) Distribution in Kansas, 1/2014 – 6/2022







*Note: there were no new cases reported in 2016











Regional Antibiotic Trends











Impact of Antibiotic Resistance

Carbapenem Resistant Enterobacterales (CRE)

E.g., E.coli, Klebsiella, Proteus, Enterobacter

- 3-4-fold increased mortality (vs susceptible infections)
 - 60% mortality for CRE BSI
- 2-fold discharge to SNF
- \$22-66k per CRE infection
- \$130 million HC costs/yr (\$553 million to society)

Gasink L., et al. ICHE 2009;30(12):1180-85 Tamma P., et al. CID 2017;64(3):257-64 Antonanzas F., et al. 2015;33(4):285-325 Bartsch S., et al. CID 2017;23(1):48:e9-48.

Carbapenem Resistant Acinetobacter baumannii (CRAB)

- Ubiquitous in nature, survive weeks on surfaces \rightarrow prolonged outbreaks, patient-staff movements
- 5-fold increased mortality risk
- 70% mortality for CRAB BSI (28-day)
- 50% of *Acinetobacter* infections are MDR
- \$130,000 (2016 est.) additonal per infection

Nelson R., et al. ICHE 2016;37(10):1212-18. Spellberg B., et al Nat Rev Drug Discov 2013;12:963 Kim T., et al. Medicine. 2018;97(43):e12984.

Impact of Antibiotics on Resistance

How much *can* antibiotics increase antibiotic resistance?



Goyal D et al Open Forum Infect Dis 2019 Zerr D et al Antimicrob. Agents & Chemotherapy 2016 Jeon M. et al . Diagn Microbiol Infect Dis 2008 Falagas J Antimicrob Chemother. 2007 *ESBL=extended spectrum beta-lactam *ampC=ampC beta-lactamase

CRAB Antibiotic Options

Cumulative antimicrobial susceptibility report																																			
	s	Aminoglycosides			Polymyx		β-Lactams			β-Lactam/ inhibitor combo		Cephalosporins				Carbapenems			path		co pep	Gly Lin o co cos pe pep a p tid midtic		Mac	no	a Mo Nitr li		n acy							
									ms			3rd	d 4th	5th					tor es						es lides				es						
Percent Susceptible 2018-2021 Isolates	Total No. of Isolates	Amikacin	Gentamicin	Tobramycin	Plazomicin	Polymyxin B	Colistin	Ampicillin	Oxacillin	Penicillin	Amoxicillin/clavulante	Ampicillin/sulbactam	Pipercillin-tazobactam	Ceftazidime	Cefepime	Cefiderocole	Ceftazidime-avibactam	ceftolozane-tazobactam	Ertapenem	Imipenem	Imipenem-cilastatin-relebactam	Meropenem	Meropenem-vaborbactam	Trimethoprim/ sulfamethoxazole	Ciprofloxacin	Levofloxacin	Vancomycin	Clindamycin	Daptomycin	Azithromycin Frythromycin	Aztreonam	Nitrofurantoin(1)	Linezolid	Minocycline	Fosfomycin (Monurol)
Acinetobacter baumannii	134	26%	18%	19%	NT	95%	94%					29%	0%	1%	3%	NT	NT	NT		0%	NT	0%	NT	4%	0%	0%								63%	2

Very few options for treatment!!

What do we NOT have (yet)

Reported clinical cases of Candida auris, January 2017 – February 2022



Most Urgent US MDROs 2019 Threat Report \rightarrow 2022 Releases this week

Urgent Threats	Serious Threats	Concerning Threats	Watch List
*Carbapenem-resistant	*Drug-resistant Campylobacter	*Erythromycin-Resistant	*Azole-resistant
Acinetobacter baumannii	*Drug-resistant Candida	Group A Streptococcus	Aspergillus fumigatus
*Candida auris	*ESBL- Producing	*Clindamycin-resistant	*Drug-resistant
*C. difficile	Enterobacteriaceae	Group B Streptococcus	Mycoplasma genitalium
*Carbapenem-resistant	*Vancomycin resistant		*Drug-resistant
Enterobacteriaceae	enterococcus		Bordetella pertussis
*Drug-resistant Neisseria	*MDR P. aeruginosa		
gonorrhoeae	*Drug-resistant S. Typhi		
	& nontyphoidal Salmonella		
	*Drug-resistant Shigella		
	*Methicillin-resistant		
	Staphylococcus aureus		
	*Drug-resistant S. pneumoniae		
	*Drug-resistant Tuberculosis		


What is the framework that the CDC has created for healthcare facilities to improve antibiotic prescribing practices?

A. Project Firstline

- **B.** Infection Prevention & Control Program
- C. Core Elements of Antibiotic Prescribing
- D. Be Antibiotic Aware

Core Elements:

7 Inpatient



Hospital Leadership Commitment

Dedicate necessary human, financial, and information technology resources.



Accountability

Appoint a leader or co-leaders, such as a physician and pharmacist, responsible for program management and outcomes.

Pharmacy Expertise (previously "Drug Expertise"): Appoint a pharmacist, ideally as the co-leader of the stewardship program, to help lead implementation efforts to improve antibiotic use.

Action



Implement interventions, such as prospective audit and feedback or preauthorization, to improve antibiotic use.

Tracking

Monitor antibiotic prescribing, impact of interventions, and other important outcomes, like *C. difficile* infections and resistance patterns.

Reporting



Education

Educate prescribers, pharmacists, nurses, and patients about adverse reactions from antibiotics, antibiotic resistance, and optimal prescribing.

4 Outpatient



Commitment

Demonstrate dedication to and accountability for optimizing antibiotic prescribing and patient safety.



Action for policy and practice

Implement at least one policy or practice to improve antibiotic prescribing, assess whether it is working, and modify as needed.



Tracking and reporting

Monitor antibiotic prescribing practices and offer regular feedback to clinicians, or have clinicians assess their own antibiotic prescribing practices themselves.



Education and expertise

Provide educational resources to clinicians and patients on antibiotic prescribing, and ensure access to needed expertise on optimizing antibiotic prescribing.

Evidence in Support of Antibiotic Stewardship

Outcome	Number of studies	% Reduction (IR, 95% CI range)					
Meta-analysis of 32 s	tudies of A	SPs in 20 countries from 1960-2016					
MDR-Gram Negative Incid.	19	51% (0.49, 0.35-0.68)					
CR-A.baumannii (CRA	3)	56% (0.44, 0.17-1.13)					
CR-K.pneumoniae (CR	48% (0.52, 0.13-2.09)						
MRSA Infection & Colonization	17	37% (0.63, 0.45-0.88)					
C.diff infections	11	32% (0.68, 0.53-0.88)					
MRSA Infection & Colonization 17 37% (0.63, 0.45-0.88) C.diff infections 11 32% (0.68, 0.53-0.88) Systematic review of 145 programs Mortality (guideline- 19 35% (0.65, 0.54-0.80)							
Mortality (guideline- adherence empiric tx)	19	35% (0.65, 0.54-0.80)					
Mortality (de-escalation interventions)	19	56% (0.44, 0.30-0.66)					
Nephrotoxicity	13	50% (0.50, 0.29-0.80))					

Baue D., et al. Lancet Infect Dis 2017;(17): 990-1001. Schuts E., et al. Lancet Infect Dis. 2016;16:857-56.

Evidence in Support of Antibiotic Stewardship

Antibiotic Reductions and Cost Savings

- 81% reported decrease in abx (60 programs, Cochrane Review)
- 22-36% reduction in abx usage
- 25% average cost reduction (27/29 studies)
- \$200,000 -\$900,000 annual savings (medium-large hospitals [also 2005, 2008 USD])



Kansas hospitals, compared to other states, have the **greatest** amount of core elements fullfilled.

True or False?

A.True

B.False

Current State(s): ASP Core Elements



Current State(s): ASP Core Elements

National: 89% of all reporting hospitals implementing all 7 core Kansas Missouri



https://arpsp.cdc.gov/profile/stewardship

Antibiotic Stewardship Toolkits



Long-Term Care Facility Antimicrobial Stewardship Program Start-Up Toolkit September 2019

Download

LTC AS Toolkit: https://kdhe.ks.gov/DocumentCenter/View/14470/



ANTIMICROBIAL STEWARDSHIP PROGRAMS A Toolkit for Small and Critical Access Hospitals in Kansas November 2020

CAH AS Toolkit: https://kdhe.ks.gov/DocumentCenter/View/14468/

Social Medial Toolkit



Antibiotics don't work on infections caused by viruses, such as cold, flu or COVID-19.

#UseAntibioticsWisely



Healthcare-Associated Infections

tions Kansas Healthcare



Green doesn't mean you need antibiotics. #UseAntibioticsWisely

Reducing antibiotic



Healthcare-Associated Infections & Antimicrobial Resistance Program



resistance is everyone's responsibility doctors and patients. #UseAntibioticsWisely



Healthcare-Associated Infections & Antimicrobial Resistance Program Kansas Healthcare



Social Media Toolkit: <u>https://khconline.org/files/USAAW-2020-images.zip</u> Updated with COVID_19: <u>https://khconline.org/files/AntibioticsAwareness-toolkit.zip</u> CDC messages: https://www.cdc.gov/antibiotic-use/week/toolkit.html

Tools for Leadership Presentations - "making the case"



- State/local background, CMS regulations etc.
- Editable to your facility
- Costing estimators for ASP proposals
- Cost saving projections
- Goals / benefits to facility, individual, society



https://www.kdhe.ks.gov/DocumentCenter/View/14472/Presentation-1---Making-the-Case-PPTX

Tools: Nudging Posters

Commitment posters

- Accountability when faced with pressure during the visit
- 20% reduction in inappropriate abx (RCT of 5 clinics)





English customizable poster: <u>http://khconline.org/files/POSTER-UseAntibioticsWisely11x17.pdf</u> Spanish poster: <u>https://khconline.org/files/POSTER-UseAntibioticsWisely24x36_SPANISH.pdf</u>

Tools: Policies

[Facility] Antibiotic Stewardship Program Proposal

[Facility Logo]

SUBJECT: Antimicrobial Stewardship Program Proposal

DATE: [effective date]

 Care
 Hospitals
 OR
 CFR §
 482.42(b)(1-4), §
 482.42(c)(1), and §
 482.42(c)(3)
 for Acute

 482.42(b)(c)(3)
 OR
 CFR §
 485.640(b)(1-4), §
 485.640(c)(1), and §

 482.42(b)(c)(3)
 for Critical Access Hospitals
 Critical Access Hospitals
 Critical Access Hospitals

APPROVED BY: [Approving individual or committee]

Background

Currently, the antimicrobial expenses at [Facility Name], is approximately [\$**** dollars per year], in the acute care setting. Another [\$***] is spent annually in the outpatient setting. However, there are significant costs associated with antibiotics that are not reflected in the purchasing expenses for antimicrobial use. Inappropriate selection leads to therapeutic failures which prolong length of stay, necessitate use of additional drugs, lab tests and other resources. Parenteral antimicrobial use of antibiotics contributes to IV related complications, impacting quality of care and increasing resources. Developing antibiotic resistance also reduces the effectiveness of current antibiotics. Programs which improve the use of antibiotics and subsequently reduce antibiotic nesistance has the potential to make a large favorable impact on patient outcome at [Facility Name].

The direct costs of antibiotic resistance may have the most significant impact on costs. Nationally and regionally, the use of antibiotics is the key driving force for the emergence of antimicrobial resistance. Antibiotic resistance is of increasing prevalence amongst gram-positive and gram-negative bacteria as well as fungal pathogens in local community and hospital settings. In recent years [Facility Name] has experienced a/an [add percentage if you have it] increase in the prevalence of antibiotic resistant pathogens.

Over just the past 10-15 years, infections with common bacteria (*Pseudomonas, Acinetobacter* spp.) which previously had been mostly susceptible to broad spectrum antibiotics such as carbapenems. This is occurring, not just more frequently, but also seems to be infecting healthier patients compared to prior resistant infections which generally were limited to critically ill or immunocompromised (Lesbo, et al 2013, Kaye et al 2016; Jones 2015). Now these infections are occurring commonly in our community and our state. From 2018 to 2019 Kanasa acute care hospitals and long-term care facilities have been experiencing increasing outbreaks of carbapenem-resistant *Enterobacterales* (CRE). In 2019 alone 213 cases of CRE and over 40 cases of carbapenem-resistant *Acinetobacter* were investigated by the Kansas Department of Health and Environment's (KDHE) Healthcare-Associated Infections and Antimicrobial Resistance (HAI/AR) Program. These infections are not limited to urban areas and represent an urgent threat to our local community and otitzens.

Antibiotic resistant infections place a significant economic burden on our healthcare system. Infections with extended spectrum beta-lactamase *Enterobacterales* (ESBL) add an average of \$16,500 and 9.7 days to each hospitalization (Smith et al 2013). Multidrug-resistant *Acinetobacter* infection costs an estimated extra \$129,000 per hospitalization (Nelson et al, 2016). These resistant infections also come at a high individual cost; patients having CRE infections are experiencing 3-4 fold higher mortality than had they been infected with a susceptible strain (<u>Casink</u>, et al 2009), and patients with methicillin-resistant tsaphylococcus

[Facility] Antibiotic Stewardship Program Commitment

SAMPLE [Facility Logo]

STATEMENT OF LEADERSHIP COMMITMENT FOR ANTIBIOTIC STEWARDSHIP AT [FACILITY NAME]

[Facility Name] commits to improving antibiotic use in our facility. Facility leadership; [INSER TNAME OF FACILITY ADMINISTRATOR, DIRECTOR OF MEDICINE, PHARMACY AND/OR NURSING], is committed to embracing and executing the Centers for Disease Control and Prevention's (CDC) Core Elements of Antibiotic Stewardship for Hospitals. The seven core elements for antimicrobial stewardship include leadership commitment, accountability, drug expertise, action, tracking, reporting, and education.

Our administration has identified an Antimicrobial Stewardship (AS) Leadership Team at our facility. Our AS leadership team includes a physician/physician assistant/nurse practitioner champion, a nurse champion, an infection prevention champion, and a pharmacist champion [change this list and the one below as needed for the AS Leadership Team at your facility] working in collaboration. This team will meet at least quarterly, and includes:

- Our AS leader and physician champion is: [INSERT PHYSICIAN'S FULL NAME AND TITLE]
 Our AS physician assistant or nurse practitioners, champion: [INSERT PA/NP FULL NAME
 AND TITLE HERE]
- Our AS pharmacy champion: [INSERT PHARMACIST'S FULL NAME AND TITLE]
 Our AS microbiologic champion: [INSERT MICROBIOLOGY DIRECTOR, LAB TECHNICIAN's
- Our AS microbiologic champion: [INSERT MICROBIOLOGY DIRECTOR, LAB TECHNICIAN's
 FULL NAME AND TITLE]
- Our AS nursing champion: [INSERT NURSE'S FULL NAME AND TITLE]
 Our AS infection prevention champion: [INSERT IP'S FULL NAME AND TITLE]

STATEMENT OF COMMITMENT

- 1. We, the administration, are committed to supporting efforts that improve antibiotic use in our facility. (Leadership Commitment Core Element)
- 2. We understand that antimicrobial stewardship is an interdisciplinary activity that improves the selection of an antibiotic therapy (correct drug, dose, duration are ordered only when necessary).
- We will include antimicrobial stewardship-related duties in position descriptions for the stewardship medical director, pharmacists, microbiologic staff, clinical nurse leads, and infection preventionists. (Accountability Core Element)
- 4. We will provide dedicated and protected time for the facility's Infection Preventionist to serve as a member of the facility's AS Leadership Team. He/she will work with the physician champion and pharmacist champion to implement the antimicrobial stewardship program. He/she will coordinate educational initiatives for staff on the risks and benefits of antibiotic use as well as improved nurse-prescriber communication for symptoms and diagnostic testing. (Accountability Core Element)

[Facility] Antibiotic Stewardship Program Policy

[Facility Logo]

SUBJECT:	Antimicrobial Stewardship Program Policy
POLICY NO .:	[policy number]
EFFECTIVE DATE:	[date]
REVISION DATE:	[date]
RELEVANT REGUL	ATION: CFR § 482.42(b)(1-4), § 482.42(c)(1), and § 482.42(c)(3) for Acute
	Care Hospitals OR CFR § 485.640(b)(1-4), § 485.640(c)(1), and § 482.42(b)(c)(3) for Critical Access Hospitals S

APPROVED BY: [Approving individual or committee]

Background

Over just the past 10-15 years, infections with common bacteria (e.g., pseudomonas, acinetobacter, spp.) which previously had been mostly susceptible to broad spectrum antibiotics such as carbapenems. This is occurring, not just more frequently, but also seems to be infecting healthier patients (1). Now these infections are occurring commonly in our community and our state. Antibiotic resistant pathogens represent an urgent threat to our local community and citizens. Antibiotic setswardship is defined as a coordinated program which promotes the appropriate use of antibiotics, improves patient outcomes, reduces microbial resistance, and decreases the spread of infections caused by multidrug-resistant organisms (MDROs) (3). This policy is in alignment with the CDC Core Element of Antibiotic Stewardship for Hospitals (2019) (2).

Policy Statement:

The goal of the Antimicrobial Stewardship Program (ASP) is to promote the appropriate use of antibiotics in order to maximize treatment outcome and minimize unintended consequences of antibiotic therapy. The ASP aims to improve antibiotic prescribing practices through the development and implementation of antibiotic use protocols and a system to monitor antibiotic use. Hospital ASP activities should, at a minimum, include seven basic elements: leadership, accountability, drug expertise, action to implement recommended policies or practices, tracking measures, reporting data, education for clinicians, nursing, patients and patient families about antibiotic resistance and opportunities for improvement (2).

Structure:

The Antimicrobial Stewardship Committee has been established to provide support and oversee activities of the ASP. This committee and the ASP will be part of the Infection Prevention and Control (IPAC) Program. The IPAC team will directly report all ASP-related activities and outcomes to the Quality Assurance and Performance Improvement Committee. The committee will in turn report all ASP activities and outcomes to nursing staff, prescribing clinicians, and other relevant staff.

Procedure

- 1. Leadership of the Antimicrobial Stewardship Committee
 - Physician and pharmacist co-leads [Member Names]
 i. The ASP physician and/or pharmacy leader will communicate the facility's
 - expectations for antibiotic use (AU) to prescribing clinicians, set educational



- Policy Proposal: https://www.kdhe.ks.gov/DocumentCenter/View/14463/Template-1---ASP-Proposal-DOCX
- Leadership commitment: https://www.kdhe.ks.gov/documentcenter/view/14464
- Institutional ASP Policy: https://www.kdhe.ks.gov/documentcenter/view/14465

Tools: Policies

[Facility] Antibiotic Stewardship Program IV to PO Protocol

[Facility Logo]

SUBJECT:	Intravenous to oral antibiotic therapeutic interchange protocol
DATE:	[effective date]
APPROVED BY:	[Approving individual or committee]

Background

The oral route of administration may be ideal so long as the medication achieves the desired concentrations in blood and/or the targeted site(s) of action. Patients often start on parenteral therapy, but as their condition improves, they are often candidates for continuation with oral therapy. Available oral formulations have high oral bioavailability and equivalent potency. The conversion from intravenous (IV) to oral (PO) formulations of the same medication while maintaining equivalent potency is known as "sequential therapy". Much of the beneficial data on IV to PO therapy interchange stem from the conversion of antimicrobial medications.

Studies have shown that appropriate conversion from IV to PO antimicrobial therapy can decrease the length of hospitalization without adversely affecting patient outcome and may improve patient care by reducing the risk of intravascular catheter infection because of shorter line dwell times and less endoluminal contamination. Additional benefits of IV to PO conversion include reduced hospital cost, greater patient comfort, and easier ambulation. Furthermore, the use of oral medications may decrease nursing personnel time.

Policy

This policy outlines IV to PO conversion considerations and specific criteria for the substitution and therapeutic interchange of medications as set forth by the Pharmacy and Therapeutics Committee (P&T), and the Antibiotic Stewardship (AS) Team.

IV to PO conversion possible (<u>all</u> criteria to be met to consider $IV \rightarrow PO$ conversion)	Do NOT convert to IV to PO (continue IV antibiotics if any of the below criteria are met)
Received >48h of IV antibiotics Improving WBC, differential Improving clinically Afebrile for at least 24h (temp <37.8 'C or <100 'F) HR <100 BPM SBP > 90 mmHg RR <24 breaths/minute No vomiting, diarrhea, or NPO Taking other meds and food orally, able to absorb oral medications	Serious life-threatening infection (e.g., meningitis, endocarditis, osteomyelitis, septicemia, etc) WBC not improving Severely immunocompromised (e.g., transplant recipient, neutropenic) Clinically unimproved Febrile (temp >37.8 °C or 100 °F)) HR <100 BPM SBP < 90 mmHg RR >24 breaths/minute Nausea, vomiting, diarrhea Difficulty swallowing, Gl absorption, malabsorption, ileus, CF, aspiration risk Patient is <18 years

DOCX

[Facility] Antibiotic Stewardship Program - Penicillin Allergy Protocol

[Facility Logo]

SUBJECT:	Penicillin allergy testing protocol	
DATE:	[effective date]	
APPROVED BY:	[Approving individual or committee]	

Background

Up to 10% of patients report a penicillin allergy, however less than 1% have a true allergy (1, 2). Beyond avoiding more costly and newly approved antibiotics, beta-lactam avoidance in those with penicillin allergies have been found to have higher treatment failure rates for certain infections, and are greater *C.diff* risk, as well as colonization with MRSA and VRE (2,3). Even for people with true IgE-mediated hypersensitivity allergies, reactions to third and fourth generation cephalosporins is less than 1% and only 1.6% to first generation cefazolin in two recent systematic reviews and meta-analysis of penicillin beta-lactam allergies (4). A caveat is cephalexin which still appears to have higher rates of penicillin (4).

Policy

This policy outlines penicillin allergy testing indications and appropriateness, and specific criteria for the substitution and therapeutic interchange of medications as set forth by the Pharmacy and Therapeutics Committee, and the Antibiotic Stewardship (AS) Team.

Procedures A. Definitions

- a. Infusion reaction: Any reaction that occurs when a medication is administered over 15 minutes or greater via an intravenous or intramuscular route. When an infusion reaction is selected it does not preclude the patient from receiving the
- agent again after a risk-benefit analysis.
 Intolerance: Difficulty taking a medication because of an adverse effect that is a non-immune-mediated hypersensitivity, or an adverse reaction that occurs because of the agent's mechanism of action (e.g., opioids resulting in constipation and subsequent nausea, vomiting). When intolerance is selected, it does not preclude the patient from receiving the agent again (6).
- c. Contraindication: Any reason that exposure to a medication is not advisable (e.g. thrombocytopenia with heparin products). When contraindication is selected, it does not preclude the patient from receiving the agent after the contraindication period.
- d. Allergy: An immune-mediated hypersensitivity response to an agent ranging from mild to severe and life-threating adverse reaction. Records of a medium to high severity reaction indicates that the patient should not be exposed to the agent again without a risk-benefit analysis (5).
- e. **Reaction type:** A selection between allergy, infusion reaction, intolerance, contraindication, or food allergy/sensitivity.
- Reactions: A condition or manifestation resulting from an administration of a medication, food, allergen, or other agent (e.g. anaphylaxis, palpitations, edema, etc.).

PCN allergies reported in up to 10% but <1% have true allergy

Download
 IV to PO Policy: <u>https://www.kdhe.ks.gov/DocumentCenter/View/14466/Template-4---ASP-IV-to-PO-Protocol-DOCX</u>
 PCN allergy Policy: <u>https://www.kdhe.ks.gov/DocumentCenter/View/14467/Template-5---ASP-PCN-Allergy-Protocol-</u>

Tools: Antibiogram Template & State Antibiogram

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				Ami	inoglyco		Rifa myci n	<u>antimicrobial s</u> β-Lactam		β-Lactam/ inhibitor combo		n/ or			Cepha	lospo 3rd		d orga	Carbapenem			Folate pathwa y	Fluo	roqui lone	Glyco pepti de	Lincos amide	Lipo pepti de	Macr	olide	Mono bacta m	Nitrof urans	Oxazol idinon e		
	Percent Susceptible 2020 Isolates	Number of Isolates	Number of Urine Isolates	Amikacin	Gentamicin	Tobramycin	Rifampin (1)	Ampicillin	Oxacillin	Penicillin	Amoxicillin/clavulante	Ampicillin/sulbactam	Pipercillin-tazobactam	Cefazolin	Cefoxitin	Cefotaxime	Ceftazidime	Ceftriaxone	Cefepime	Ertapenem	Meropenem	Imipenem	Trimethoprim/ sulfamethoxazole	Ciprofloxacin	Levofloxacin	Vancomycin	Clindamycin	Daptomycin	Azithromycin	Erythromycin	Aztreonam	Nitrofurantoin(2)	Linezolid	Doxycycline
-	Acinetobacter baumannii	T	1	1	—	T	T	1	—		<u> </u>	1				I	—		<u> </u>	<u> </u>	<u>г</u>	T	T	1	1		l		_			1		
	Citrobacter freundii complex																																	
	Enterobacter cloacae																																	
	Escherichia coli																																	
ive	Klebsiella aerogenes (formerly E	ntero	bacter	r aerog	enes)																													
Negative	Klebsiella oxytoca																																	
Ne	Klebsiella pneumoniae																																	
Ε	Morganella morganii																																	
Gram	Proteus mirabilis																																	
	Pseudomonas aeruginosa																																	
	Serratia marcescens																																	
	Stenographomonas maltophilie	a																																
	Enterococcus facieum																																	
	Enterococcus faecalis																																	
e	MRSA Staphylococcus aureus																																	
Ę	MSSA Staphylococcus aureus																																	
Positive	Staphylococcus epidermidis																																	
Ε	Streptococcus anginosus group	(ang	inosu	is, con	stellatu	s, inten	medius	s)																										
Gram	Streptococcus agalactiae (GBS)																																	
0	Strep pneumoniae (3)																																	
	Streptococcus pyogenes (GAS)																																	
	Streptococcus viridans group (m	nitis,	oralis	, muta	ns, bou	ris, san	ginis)																											
	Note: For organisms with <30 isolates in 2	2019, p	ercent	suscept	ibility data	a was obt	tained by	comb	ining 2	0178,2	2019 se	nsitivit	y result	ts. Gra	y= n	ot rout	inely te	sted ag	gainst o	r with i	ntrinsic	: resista	ance											
	1) Not for single-agent use																																	
	2) for urinary coverage only																																	
	3) Ceftriaxone & Penicillin mon-	-meni	igeal /	menir	ngeal br	eakpoin	nts																											



- Template: <u>https://www.kdhe.ks.gov/documentcenter/view/14445</u> Kansas Antibiogram (2020): <u>https://www.kdhe.ks.gov/DocumentCenter/View/14422/2020-Kansas-</u> Antibiogram-PDF?bidId=

Clinical Decision Support: URI Rx Pads

RX Name: _____

	DIAGNOSIS	Symptom duration
	Bronchitis (chest cold, cough)	7-21 days
	COVID-19	3-21 days (+)
	Influenza (flu)	7-14 days
	Otitis media (ear infection)	7-10 days
	Upper respiratory infection (common cold)	7-10 days
	Viral pharyngitis (sore throat)	3-10 days
	Viral sinusitis (sinus infection)	7-14 days
Yo <u>r</u>	The symptoms you presented with today a VIRAL infection. ou have not been prescribed antibiotics because an not effective for viral infections, cause side effect cause serious harm ease return or call if symptoms do not improve in you develop persistent fevers, shortness of breath symptoms:	tibiotics are ts, and may day(s),
	Kansas Healthcare-Associated Ir	nfections

& Antimicrobial Resistance Advisory Group

SYMPTOM RELIEF MEDICATIONS

	Always use medications according to package instructions Stop the medication when symptoms get better	5							
	Acetaminophen, 325-650 mg every 4-6 hours as needed	fever and aches							
	Ibuprofen, 400-800 mg every 4-6 hours as needed	fever and aches							
	Naproxen, 250-500 mg every 12 hours as needed	fever and aches							
	Lozenges - benzocaine, dyclonine or zinc acetate	sore throat							
	Saltwater gargle -1 tbsp. salt /1 cup warm water	sore throat							
	Honey - 2 tbsp. /1 cup tea or hot water every 4-6 hours as needed (do not give honey to babies under 1 year)	sore throat, cough							
	Nasal / sinus saline irrigation (i.e., neti pot, saline squeeze bottle) 1-4 times daily as needed (do not use irrigations in kids under 6)	nasal congestion							
	Cool mist humidifier or vaporizer	chest & nasal congestion							
	Dextromethorphan , 20-30 mg every 6 hours as needed (do not use cough suppressants in kids under 4)	cough							
	If none of above working, you do NOT have heart problems or high blood pres	sure, may consider:							
ч	Phenylephrine or pseudoephedrine, limit 2-3 days (do not use in kids under 4)	gh & congestion							
Pre	Prescriber:Date:								

Clinical Decision Support: GU Rx Pads

DIAGNOSIS	SYMPTOM RELIEF MEDICATION	NS				
Asymptomatic bacteriuria (bacteria in urine	Always use medications according to package instructions					
without infection)	Acetaminophen 325-650 mg every 4-6 hours as needed	Pain, burning				
Dysuria (painful urination without infection)	Phenazopyridine 100-200 mg three times daily as needed (orange urine discoloration expected; limit 3 days continuously)	Pain, burning				
 Dyspareunia (painful sex) Interstitial cystitis (bladder wall inflammation) 	 Methenamine Hippurate 162 mg + sodium salicylate 162 mg daily, 2 tablets three times daily as needed 	Burning +/- prevent infectio				
Pelvic floor dysfunction (pelvic muscle pain)	Estrogen topically, 2 to 5 times weekly*	Vaginal irritation, healthy vaginal flora				
Vaginitis (vaginal irritation)	PREVENTIVE MEDICATIONS					
The symptoms and/or urinalysis you presented with today do NOT suggest an	Methenamine Hippurate 1000 mg twice daily* (take with vitamin C 1000 mg to activate; don't take same time as sulfa meds, strong urine smell expected)	Prevent bladder bacterial growth				
infection.	Cranberry supplement or 10-30 oz cranberry juice daily	Prevent E.coli bladder wa attachment				
Antibiotics were not started because they are ineffective for dysuria without infection and	D-mannose 2 gram daily	Prevent bacterial bladder wall attachment				
asymptomatic bacteriuria, may cause side effects, harm & may lead to resistant bacteria limiting	□ Probiotic , lactobacillus at least 10 billion cfu daily	Protect from (harmful) bacterial overgrowth				
future antibiotic options. Please return or call if symptoms do not improve	* Rx required					
in day(s), develop fevers or chills, lower	DIET / HYGIENE					
abdominal or back pain, blood in the urine, or other new or concerning symptoms.	 Avoid caffeine, alcohol, artificial sweeteners, spicy foods Consider diet for interstitial cystitis (ichelp.org) Avoid irritants (spermicide, diaphra powders, douches) Urinate after sex, wear cotton under Avoid constipation and diarrhea 					
Kansas Healthcare-Associated Infections & Antimicrobial Resistance Advisory Group	Empty bladder at regular intervals	Empty bladder at regular intervals Date:				

Clinical Decision Support: Dental Prophylaxis Pads

Rx	Dental Prophylax	is Decisio	on Script Pa	atient Name:	Date:							
Prop	hylaxis INDICATED ¹			AHA, ADA recommended antibiotic regimens								
	Prosthetic heart valve			Antibiotic ⁴	Adults	Children						
	Prosthetic material used to re	pair valve (e.	g., annuloplasty)	Amoxicillin	□ 2 g	□ 50 mg/kg						
	History of infective endocard	litis		PCN-allergic								
	Unrepaired congenital heart of	lefect		Cephalexin ⁵	□ 2 g	□ 50 mg/kg						
	Repaired congenital heart defect with residual shunt or			Clindamycin	□ 600 mg	□ 20 mg/kg						
	regurgitation		Azithromycin	□ 500 mg	□ 15 mg/kg							
	Heart transplant with valvula	r regurgitatio	n	Unable to take PO								
Prop	hylaxis NOT generally i	ndicated ²		Ampicillin	2 g IM or IV	□ 50 mg/kg IM or IV						
	History of prosthetic joint infection		ve & invasive are planned	Cefazolin or ceftriaxone ⁵	□ 1 g IM or IV	□ 50 mg/kg IM or IV						
1	Active or recovered prosthetic joint issues (hematoma, drainage)	rosthetic joint issues history of transplant,		Clindamycin Gingival or peri-apical tissue manipulat Consider discussing with patient's orth ORN = osteoradionecrosis of the jaw Single dose 30-60 min prior to procedu Coephalosporins should not be used in .	20 mg/kg IM or IV							
	Diabetic with poor control		ORN ³ (from phonates)	history, angioedema or urticaria	hcare-Associated Infections bial Resistance Advisory Group	Kansas						

Tools: Interactive HAI Spreadsheets

Community-Onset *Clostridioides difficile* Infection (CO CDI) Control Chart

Instructions

- For current standardized surveillance definitions for this measure, see the CDC's NHSN protocol: <u>MDR0 and CDI Module Protocol</u>
- Option 1 (preferred): For facility-wide surveillance, collect the count of infections (numerators) and the count of patient days (denominators) for the whole facility's inpatient population, by month, for a one year period.
- Option 2: For inpatient unit surveillance, collect the count of infections (numerators) and the count of patient days (denominators) for the unit, by month, for a one year period. In the chart title, add the name of the unit (e.g. ... "Patient-days in <u>Add</u> <u>Unit Name</u>, by Month.")
- Option 3: For outpatient unit surveillance, specifically
 emergency departments or 24-hour observation units, collect the
 count of infections (numerators) and the count of admissions
 (denominators) for the unit, by month, for a one year period. In the
 chart title, change the name of the denominator "Patient-days" to
 "Admissions", and add the name of the unit (e.g....per 10,000
 <u>Admissions in Add Unit Name</u>, by Month."). Change the y-axis
 label to reflect the denominator s"...per 10,000 admissions",
 rather than "per 10,000 patient-days.
- Select the month you want to begin with:
- Enter year of the month you want to begin with:
- Enter the count of infections and patient days, or admissions, to the corresponding month. Only edit the purple cells.

			Days or	
Year	Month	Infections	Admission	Rate
2018	July	3	1318	22.76
2018	August	3	1212	24.75
2010	I.C	4	1100	0.00

Control Chart of Community-Onset Clostridioides difficile Infection (CO CDI) Rate per 10,000 Patient-days, by Month. 35.00 (ave) 30.00 · 25.00 --20.00 **2** 15.00 Jac 10.00 Rate 5.00 G 0.00 8 2018 2018 2018 2018 2019 2019 2019 2019 2018 2018 2019 2019 Year and Month



- Intro/step-by-step
- CAUTI
- UTIs
- Urinary utilization
- CLABSIs
- CVC utilization
- C.diff

Download

- HAI Tracking: https://www.kdhe.ks.gov/DocumentCenter/View/14446/Spreadsheet-2---Interactive-HAI-Tracking-Tools-XLSX
- How & What to Track: <u>https://www.khconline.org/files/KHC_KDHE_AS_LAN_3_6-2-</u>

22_Breakout_1_with_bookend_slides.pdf

- Recording, Basics: <u>https://youtu.be/jLPs7HGRGdg</u>
- Recording, Advanced: <u>https://www.youtube.com/watch?v=1d17rSQtr68</u>

Tools: Templates ID resources, Stakeholders, Duties, Oversight

Stakeholder identification	Who?	How?	When?		Key Stakeholder	r engagement ("what's in	n it for them?")	Team	Activities this	Estimation of	What needs are to be	Resource	Needed	Frequency of need	Description of need	Actions	Cost estimates
dentification	(name or role)	(which core element(s) or other means of assistance)	(planning, implementation, scale-up, evaluation stage)		List key stakeholders identified above	Which activities or outcomes are most important to this	How can the facility address this stakeholder's needs?	member	member is accountable for	weekly hours	met for this person to serve as an ASP team member?						
DON	1. өх)	1. ex) education (awareness of	1. ex) all stages,	_		stakeholder		Medical Director				Education (for ASP	□ Yes □ No	 Once Ongoing: 	Ex) 1) courses on prescribing	Ex) 1) surveys / assessments ASP members	Ex) antibiotic process cours = [assemble
	responsible for nursing staff	symptoms of infection vs. colonization, facility issues), engagement (ASP planning [i.e. what do staff perceive as significant drivers of misuse]	especially development, implementation, evaluation	1.	ex) nursing staff	ex) implementation and leadership (i.e. administrative, medical and nursing roles clearly delineated) ASP direction & goals	ex) allocated educational time, auditing and feedback	Pharmacist				team members)		(monthly, annually, other)	practices (i.e. antibiotic indications, duration,	(for deficiencies), 2) survey attitudes	materials (5h \$/hr)] + [creat power point of
	2. 3. 4.	barriers [i.e. provider prescribing norms, communication]) 2.	2. 3. 4. 5.			(i.e. provision of materials, meetings regarding ASP expectations, guidelines, education)		Nurse leader							institutional misuse), 2) ASP processes (i.e., approaches to	(for needs), 3) determine number of educational	materials (7) \$/h)] + [print materials x \$/attendee]
	5.	3. 4. 5.		2.				Infection preventionist							technology uses, stop orders, development guidelines and	programs, 4) determine number attendees for	[attendees (# attendees x s salary compensated
				3.				Microbiologist							algorithms)	each (and when)	event for est.
o is involved ne program's rations?	1. 2. 3. 4.	1. 2. 3. 4. 5	1. 2. 3. 4.	4.				Physician / Clinician				Education (for ASP	□ Yes □ No	Once Ongoing:			
	5.	5.	J.	5.				Nurse				members)		(monthly,			
	_			6.				Nurse aids						annually, other)			
no will benefit m the ogram?	1. 2. 3. 4.	1. 2. 3. 4. 5	1. 2. 3. 4.	I		1		Patient or family advocates				Education	□ Yes	Once			
	5.	5.	5.					Environmental service staff				(for staff)	🗆 No	Ongoing: (monthly,			
		I	I					Other						annually, other)			
												Supplies	□ Yes	Once Once			
													□ No	Ongoing: (monthly, annually, other)			



Stakeholder ID: <u>https://www.kdhe.ks.gov/DocumentCenter/View/14449/Table-1---Key-Stakeholder-Identification-DOCX</u> Stakeholder Engagement: <u>https://www.kdhe.ks.gov/DocumentCenter/View/14450/Table-2---Stakeholder-Engagement-DOCX</u> Members & Duties: <u>https://www.kdhe.ks.gov/DocumentCenter/View/14451/Table-3---Members-and-Duties-DOCX</u> Resource ID: <u>https://www.kdhe.ks.gov/DocumentCenter/View/14452/Table-4---Resource-Identification-DOCX</u>

Tools: Audits Antibiotics, Infection types, Patient Mix

Hospital Antibiotic Use

Last calendar year or last 12 months (alternatively, start with one month)							
What are the 3 most common infections, or conditions, (i.e., asymptomatic bacteriuria, acute COPD exacerbation) for which patients are treated with antibiotics	1. 2. 3.						
What proportion of asymptomatic bacteriuria cases are treated with an antibiotic	%						
What are the 3 most common antibiotics prescribed for UTIs (including asymptomatic bacteriuria)	1. 2. 3.						
What proportion of acute bronchitis (without COPD) are treated with an antibiotic	%						
What proportion of acute bronchitis cases (with COPD) are treated with an antibiotic	%						
What are the 3 most common antibiotics prescribed for acute bronchitis (regardless of whether the patient has COPD or not)	1 2 3.						
What are the 3 most common antibiotics prescribed for community acquired pneumonia	1. 2. 3.						
What are the 3 most common antibiotics prescribed for hospital acquired pneumonia	1 2 3						
What are the 3 most common antibiotics prescribed for cellulitis or infected wounds (and/or other skin and soft tissue infections [SSTIs])	1. 2. 3.						
Other infections a concern in your facility: What are the 3 most common antibiotics prescribed for	1. 2. 3.						
Other infections a concern in your facility: What are the 3 most common antibiotics prescribed for	1 2 3						

		Summary of facility antibiotics Total number antibiotics reviewed				Number		
		Total number of data sources reviewed (in addition to antibiotic orders)						
	Summary of facility antibiotic appropriateness			Number	%			
Patient name/ date	Antibiotic (drug, dose, duration)	Indication for antibiotic	Clinical notes	Micro/ imaging results	Infection surveillance log	CDC Infection surveillance criteria met	Facility policy – alignment (if there is a policy) _	
ex) A, 1/1/20	ex) Cipro 250 mg p.o. BID x 14 days	ex) UTI	ex) Urine catheter in place, cloudy urine	ex) UA packed WBC, UC<10k contamina nts	ex) UTI	ex) No	ex) No	
ex) B, 1/2/20	ex) cefazolin	ex) cellulitis	ex) erythema, fevers	ex) n/a	ex) SSTI	ex) Yes	ex) Yes	

Infection	# cases	Antibiotic regimen most often prescribed				
		Antibiotic 1	Antibiotic 2	Antibiotic 3		
Ex) UTI (catheter)	Ex) 15/000 (avg)	Drug: ceftriaxone Dose: 1 gram Route: /V Duration: 4 days	Drug: piperacillin/tazobactam* Dose: 4.5 g (1/4 Rx were 3.375 g) Route: /V Duration: 5 days (average))	Drug: levofloxacin Dose: 500 mg (2/3 Rx were 750) * Route: IV (1/3 Rx PO) Duration: 7 days (average, including IV to PO conversion)		
		Drug: Dose: Route: Frequency: Duration:	Drug: Dose: Route: Frequency: Duration:	Drug: Dose: Route: Frequency: Duration:		
		Drug: Dose: Route: Frequency: Duration:	Drug: Dose: Route: Frequency: Duration:	Drug: Dose: Route: Frequency: Duration:		
		Drug: Dose: Route: Frequency: Duration:	Drug: Dose: Route: Frequency: Duration:	Drug: Dose: Route: Frequency: Duration:		
		Drug: Dose: Route: Frequency: Duration:	Drug: Dose: Route: Frequency: Duration:	Drug: Dose: Route: Frequency: Duration:		

*Dosage adjusted by renal function (e.g., if 3.375g piperacillin/tazobactam was dosed for a patient with a creatining clearance of 35, ensure counted as the antipseudomonal dosing of 4.5g); pay attention to trends as reviewing data, and if consistent guideline-misaligned antibiotics, provider or structural recurring issues, make a note - you may identify an issue not previously recognized

- Abx Use: https://www.kdhe.ks.gov/documentcenter/view/14454
- Most Commonly Used Abx: https://www.kdhe.ks.gov/documentcenter/view/14455
- Summary of Facility Abx: https://www.kdhe.ks.gov/documentcenter/view/14459
- Abx by patient: https://www.kdhe.ks.gov/documentcenter/view/14458





Resources & More Information

We want to help with AS/AR, Contact:

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HAI/AR Section Contact

KDHE.HAIAR@ks.gov kdhe.ks.gov/1514/ 785-296-4167

24/7 Epidemiology Hotline

KDHE.EpiHotline@ks.gov 877-427-7317

https://www.kdhe.ks.gov/1514/Healthcare-Associated-Infections-Antimic

Healthcare-Associated Infections & Antimicrobial Resistance Program

Thank You / Questions

